

Keeping Well in Pembrokeshire

Keep Well Roadshow



Are you looking for support or are you supporting someone?

**Wednesday
13th March**

10am – 4pm

**Giraldu Centre,
Manorbier**

Come along and see what your community has to offer.

Enjoy a free cup of tea/coffee and have a chat with the many available services represented on the day.

Health Board clinics, voluntary sector organisations and council services will be there to discuss how they can support you.



**GIG
CYMRU
NHS
WALES**

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board



Hwb Cymunedol
Sir Benfro
Pembrokeshire
Community Hub

